African Americans were deeply discriminated against—kept out of most unions and barred from white neighborhoods—but in many ways it was better than in the South. In actual fact, you do not sleep during the procedure, but because of the effects produced by the sedative, you may feel sleepy. There is also a clear relationship between maternal thyroid status and the neurological development of the child. Delbanco points out that patients do not have data on which to base their provider choice, so they generally go on perception of facilities.